



## CLIENT INTAKE FORM

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Referred by: \_\_\_\_\_

Do you know your blood type? No \_\_\_ Yes \_\_\_ circle the one: **A B AB O**

Do you have mercury fillings? No \_\_\_ Yes \_\_\_ How many? Few \_\_\_ Many \_\_\_

Do you smoke cigarettes or cannabis? Yes \_\_\_ No \_\_\_

Have you recently taken antibiotics? Yes \_\_\_ No \_\_\_ When and for what \_\_\_\_\_

Are you under the care of a physician? Yes \_\_\_ No \_\_\_

List current medications (prescribed or non-prescribed), along with the conditions they are treating:

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List any Herbal/Vitamin Supplements you are currently taking: \_\_\_\_\_

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List all other natural/conventional health care you are currently using (i.e. chiropractic, herbalist, acupuncture, massage, physiotherapy, craniosacral, traditional Chinese medicine, psychologist, etc.)

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How often do you have a bowel movement? \_\_\_\_\_

Do you experience arthritic or other pain? Yes \_\_\_ No \_\_\_ Where? \_\_\_\_\_

Any known allergens? Yes \_\_\_ No \_\_\_ What? \_\_\_\_\_

Are you exposed to toxins, fumes, or chemicals at home or work? Yes \_\_\_ No \_\_\_ Please explain:

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On a scale from 1 to 10 (10 = best), how would you rate your health? \_\_\_\_\_

Do you exercise? Yes \_\_\_ No \_\_\_ How often? \_\_\_\_\_

Have you suffered a major trauma in the past 2 or 3 years? Yes \_\_\_ No \_\_\_

Any other conditions or relevant information to help in the consultation?

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DO YOU EXPERIENCE? Circle the number: 1 being minor, 5 major

Chronic stress: 1 2 3 4 5

Lack of focus: 1 2 3 4 5

Poor concentration: 1 2 3 4 5

Brain fog: 1 2 3 4 5

Anger: 1 2 3 4 5

Mood swings: 1 2 3 4 5

Sleep problems: 1 2 3 4 5

Fatigue most of the time: 1 2 3 4 5

Feeling anxious most of the time: 1 2 3 4 5

Irrational fears: 1 2 3 4 5

Feeling depressed most of the time: 1 2 3 4 5

Poor memory: 1 2 3 4 5

Describe what you typically eat and drink for the following:

Breakfast: \_\_\_\_\_

\_\_\_\_\_

Lunch: \_\_\_\_\_

\_\_\_\_\_

Supper: \_\_\_\_\_

\_\_\_\_\_

Snacks: \_\_\_\_\_

\_\_\_\_\_

Beverages: \_\_\_\_\_

**Thank you! All information will remain confidential.**

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## CONSENT AND ACKNOWLEDGMENT

***I, the undersigned, hereby understand and acknowledge that Laura Hunter is not a medical practitioner and in particular that she:***

- A) does not hold herself out as being able to diagnose, treat, operate or prescribe for any human disease, pain, injury, disability or physical condition;***
- B) does not offer or undertake by any means or methods to diagnose, treat, operate, prescribe for any human disease, pain, injury, disability or physical condition, and;***
- C) cannot and will not give medical advice.***

***I, the undersigned, hereby confirm and acknowledge:***

- A) all information from, or communication with, Laura Hunter are at my own request, with full knowledge of the above particulars, and;***
- B) no guarantees have been made to me concerning the results that may be obtained as a result of my consultation with Laura Hunter.***

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

Signature \_\_\_\_\_

Printed Name \_\_\_\_\_

Parent/Guardian Signature (If under 18 years old) \_\_\_\_\_